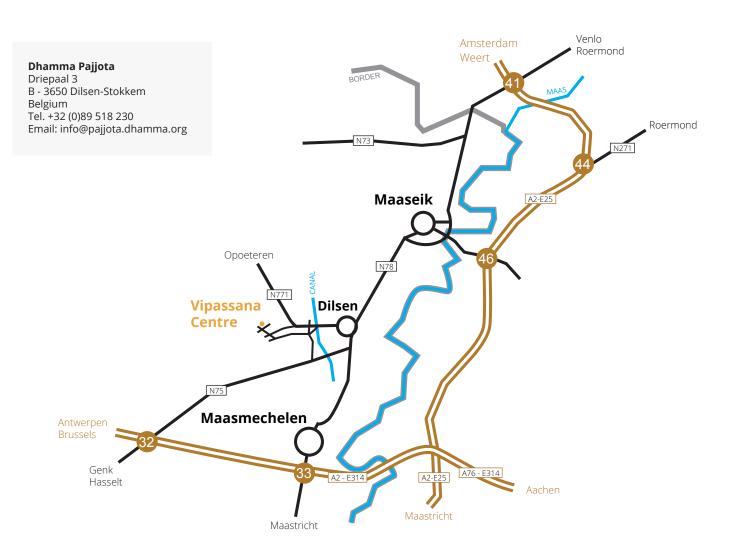


Vipassana Meditation as taught by S.N. Goenka in the tradition of Sayagyi U Ba Khin

By car (1/2)



### Via Aachen/Cologne (coming from the southeast or east):

From Cologne take the motorway A4 [E40] heading towards Aachen. After Aachen this motorway changes into the A76 [E314](Antwerpen/Brussels). Once in Belgium, (the A76 changes again to motorway A2) leave the highway at exit 33, taking the N78 towards Maaseik. Following this road you will arrive in Dilsen. Turn left at the crossing with the traffic lights onto the N771 direction Opoeteren. Driving on the Europalaan (N771) over the canal, take the third road on your left approximately 1km after the canal. Follow the signs "Dilserbos" and "Den Driepaal". The Centre is 1km further, on your right.

# Via Duisburg/Roermond (coming from the northeast):

From Duisburg take the motorway A40 [E34] direction Venlo. Shortly after Duisburg change to the A57 [E31] direction Cologne/Krefeld. After approximately 10 km change to A44 direction Mönchengladbach. Before coming to Mönchengladbach change to A52 direction Roermond. After some time the A52 ends and you have to drive on route 230 until - in Roermond - you turn left into the N271 direction Echt/Linne. Before Echt you reach the A2 [E25] (slip road 44) on which you have to drive direction Maastricht. Leave the A2 at Roosteren, exit 46 direction Maaseik. Immediately after having crossed the Maas, turn left into the N78 direction Maasmechelen/Dilsen. After approximately 5 km you reach Dilsen where you have to turn right (crossing with trafficlights) onto the N771, direction Opoeteren. Driving on the Europalaan (N771) over the canal, take the third road on your left approximately 1km after the canal. Follow the signs "Dilserbos" and "Den Driepaal". The Centre is 1km further, on your right.

## Via Eindhoven (coming from the north):

From Eindhoven take motorway A2 [E25] towards Maastricht/Liège. Leave the A2 at exit 46,"Roosteren", towards Maaseik. Cross the Maas River, then take a left turn onto the N78, towards Dilsen/Maasmechelen. In Dilsen take a right turn (crossing with traffic lights) onto the N771, direction Opoeteren. (continued at ) Via Brussels/Antwerpen (coming from the west): From Brussels take motorway A3 [E40] towards Liège and then change to the A2 [E314] at the motorway junction "Leuven". From Antwerpen take motorway A13 [E313] towards Liège, changing to the A2 [E314] at the motorway junction "Lummen". Leave the A2 at exit 32,"Genk Oost", onto the N75 towards Lanklaar/Dilsen. After 12 km. turn left direction Opoeteren. After 2km turn left onto the N771 and then another turn again left into the next street with the signs "Dilserbos" and "Den Driepaal". The Centre is 1km further, on your right.



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# By car (2/2)

Via Brussels/Antwerpen (coming from the west):

From Brussels take motorway A3 [E40] towards Liège and then change to the A2 [E314] at the motorway intersection "Leuven". From Antwerpen take motorway A13 [E313] towards Liège, changing to the A2 [E314] at the motorway intersection "Lummen". Leave the A2 at exit 32,"Genk Oost", onto the N75 towards Lanklaar/Dilsen. After 12 km. turn left direction Opoeteren. After 2km turn left onto the N771 and then another turn again left into the next street with the signs "Dilserbos" and "Den Driepaal". The Centre is 1km further, on your right.

### Via Liège (coming from the south):

From Liège take the A25 [E25] towards Maastricht. In the Netherlands the motorway changes into the A2 [E25]. At the motorway junction "Knooppunt Kerensheide" change to the A76 [E314] towards Antwerpen/Brussels. In Belgium, leave the motorway at exit 33, onto the N78 towards Maaseik. In Dilsen turn left (crossing with traffic lights) onto the Europalaan (N771), direction Opoeteren. Drive over the canal, take the third road on your left approximately 1km after the canal. Follow the signs "Dilserbos" and "Den Driepaal". The Centre is 1km further, on your right.

